



NOTES _____

Identifying and dismantling our protective arsenal

Sin is not only isolated instances of wrongdoing, but it also includes dysfunctional behavior patterns. These dysfunctional behavior patterns develop into a “Protective Arsenal” to cope with the reality of wounds from injustices and love deprivation.

This “protective arsenal” of behavior becomes normal to us, and often a part of our identity. Because of this it most often takes revelation of the Holy Spirit and the insights from others for us to see them.





Exercise

Repetitive destructive patterns of behavior are symptomatic of deeper issues. The behavior patterns simply are efforts to compensate for the deeper issues. Therefore to address only the patterns of actions and attitudes will be superficial.

NOTES _____

Fruit:

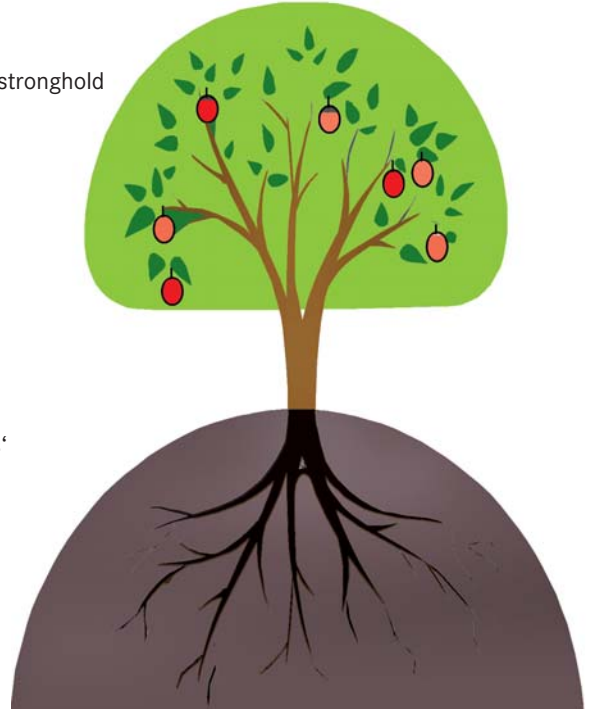
- Strongholds resulting from a core stronghold
- Recognized strongholds patterns in a person's life

Tree trunk:

- Core stronghold(s)

Roots:

- Where the strongholds `develops` in the persons life
 - injustices
 - love deficit
 - trauma
 - generational
 - soul ties
 - curses



I. Which of the "protective arsenal" are most present in your life? Name the top 3.

1. _____
2. _____
3. _____

II. What is the affect they have on you and those around you?

III. What do you think is the source or root of your protective arseal?

IV. Execute spiritual transaction . . .

- A. Repent
- B. Rebuke
- C. Replace
- D. Receive



4 R's



1. Repent & Receive (and grant forgiveness)

- Humbly submit yourself to God in repentance – by aligning yourself with His truth and confessing your sin – and receive His forgiveness through Christ's death and resurrection

Grant forgiveness – e.g.: *Mother/Father, in the name of Jesus I forgive you for... I let go of...* 2 Chr 7:14;



2. Rebuke & Renounce

- In the authority of Jesus' life, death and resurrection rebuke demonic beings and renounce the lies that contradict God's truth. E.g. "*Spirit of Inferiority, I rebuke you in the name of Jesus and I declare that you are not part of my life anymore.*" Mt 4:10; Jas 4:7



3. Replace & Renew

- Declare God's truth over your life and ask God to renew your heart, mind, emotions, and will through the empowering of the Holy Spirit. E.g. (inferiority) *In the name of Jesus I declare that I am precious and have been bought with a price.*
- Walk in the specific truth Eph 4:22-29



4. Receive (rejoice!!)

- Receive the Holy Spirit's infilling – pray for each other and in faith receive the empowering, equipping and strength of the Holy Spirit
- Let yourself be touched and filled with God's presence and his overflowing grace and strength. Eph 5:18 / Titus 3:4-6

For in Christ all the fullness of the Deity lives in bodily form.
Col 2:9