

NOTES

Identifying and dismantling our protective arsenal

Sin is not only isolated instances of wrongdoing, but it also includes dysfunctional behavior patterns. These dysfunctional behavior patterns develop into a "Protective Arsenal" to cope with the reality of wounds from injustices and love deprivation.

This "protective arsenal" of behavior becomes normal to us, and often a part of our identity. Because of this it most often takes revelation of the Holy Spirit and the insights from others for us to see them.





"Protective Arsenal"

"Kingdom Behavior"

Independence/Self-sufficiency 1 Corinthians 12:21 (NLT) The eye can

1 Corinthians 12:21 (NLT) The eye can never say to the hand, "I don't need you." The head can't say to the feet, "I don't need you."

Competition

Philippians 2:3 (NIV) Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.

Perfectionism

Deflect Blame

1 Samuel 15:20–21 (NIV) "But I did obey the LORD," Saul said. "... 21 The soldiers took sheep and cattle from the plunder ...

People Pleasing

Galatians 1:10 (NIV) ... If I were still trying to please people, I would not be a servant of Christ.

Fantasy

Psalm 2:1 (KJV) ... And the people imagine a vain thing?

Control

1 Samuel 18:9 (NIV) And from that time on Saul kept a jealous eye on David.

Apathy

Hebrews 6:12 (NLT) Then you will not become spiritually dull and indifferent ...

Emotional Withdrawal

Self-gratification

Titus 2:12 (NLT) And we are instructed to turn from godless living and sinful pleasures.

Interdependence

1 Corinthians 12:26 (NLT) If one part suffers, all the parts suffer with it, and if one part is honored, all the parts are glad.

Mutual Support

Philippians 2:3-4 (NIV) ... in humility value others above yourselves, 4 not looking to your own interests but each of you to the interests of the others.

Humility/Trust

1 Peter 5:6-7 (NIV) Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you.

Accept Responsibility

Matthew 7:5 (NIV) ... first take the plank out of your own eye, and then you will see clearly ...

Please God

1 Thessalonians 2:4 (NIV) ... We are not trying to please people but God, who tests our hearts.

Truth/Reality

Philippians 4:8 (NLT) ... Fix your thoughts on what is true, and honorable, and right, and pure ...

Empower

John 1:36–37 (NLT) ... John looked at him and declared, "Look! There is the Lamb of God!" 37 When John's two disciples heard this, they followed Jesus.

Full Investment

Colossians 3:23 (NIV) Whatever you do, work at it with all your heart ...

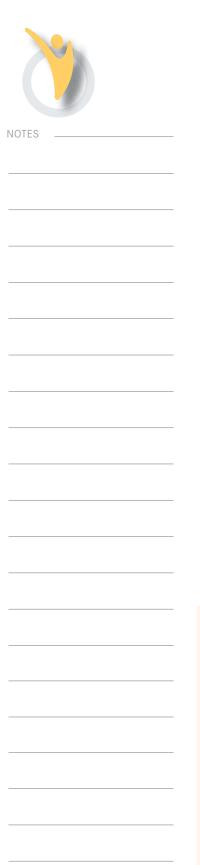
Emotional Honesty

1 Peter 1:22 (NIV) Now that you have ... sincere love for your brothers, love one another deeply, from the heart.

Self-control

Galatians 5:22- 23 (NLT) But the fruit of the Spirit is ... gentleness, and self-control.





Exercise

Repetitive destructive patterns of behavior are symptomatic of deeper issues. The behavior patterns simply are efforts to compensate for the deeper issues. Therefore to address only the patterns of actions and attitudes will be superficial.

Fruit:

• Strongholds resulting fram a core stronghold

• Recognized strongholds patterns in a person's life

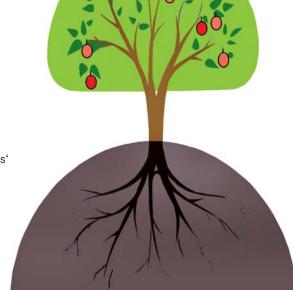
Tree trunk:

• Core stronghold(s)

Roots:

 Where the strongholds `develops' in the persons life

> injustices love deficit trauma generational soul ties curses



| I. Which of the "protective arsenal" are most present in your life? Name the top 3. |
|---|
| 1 |
| 2 |
| 3 |
| J |
| II. What is the affect they have on you and those around you? |
| |
| |
| III. What do you think is the source or root of your protective arseal? |
| |
| |
| IV. Execute spiritual transaction |

- A. Repent
- B. Rebuke
- C. Replace
- D. Receive





4 R's



1. Repent & Receive (and grant forgiveness)

 Humbly submit yourself to God in repentance – by aligning yourself with His truth and confessing your sin – and receive His forgiveness through Christ's death and resurrection

Grant forgiveness – e.g.: *Mother/Father, in the name of Jesus I forgive you for... I let go of...* 2 Chr 7:14;



2. Rebuke & Renounce

• In the authority of Jesus' life, death and resurrection rebuke demonic beings and renounce the lies that contradict God's truth. E.g. "Spirit of Inferiority, I rebuke you in the name of Jesus and I declare that you are not part of my life anymore." Mt 4:10; Jas 4:7



3. Replace & Renew

- Declare God's truth over your life and ask God to renew your heart, mind, emotions, and will through the empowering of the Holy Spirit. E.g. (inferiority) *In the name of Jesus I declare that I am precious and have been bought with a price*.
- Walk in the specific truth Eph 4:22-29



4. Receive (rejoice!!)

- Receive the Holy Spirit's infilling pray for each other and in faith receive the empowering, equipping and strength of the Holy Spirit
- Let yourself be touched and filled with God's presence and his overflowing grace and strength. Eph 5:18 / Titus 3:4-6

For in Christ all the fullness of the Deity lives in bodily form. Col 2:9